

Health, Physical Education, and Recreation Advisory Committee Meeting Minutes

October 28, 2019

The HPER Advisory Committee held its annual meeting in the Harrison Room on the NOC Campus in Tonkawa, Oklahoma, at 1 p.m. Board members present were Joanna Crow, Khrystal Humble, and Stacie Hobbs. NOC member present were Suzi Brown, Summer McClure, and Donnie Jackson.

Suzi Brown, chair, led the discussion by welcoming and introducing everyone. She gave an update on the department and scholarship report. The department currently has three degree programs; Health, Physical Education, and Recreation, with an Athletic Training option, and a Personal Trainer option. For all three programs the course work lines up about 50% all being the same the first two semesters. Budget cuts makes funding for the program hard but there are outside scholarships and donations that help tremendously.

Question 1: What are some current trends in the Health and Education realm that students are interested in studying?

Currently E-Sports are trending. However, the committee is not very excited about this because they believe students need to be up and moving around in order to stay healthy. Most grade schools in Oklahoma have cut P.E. back to one day a week. Physical Exercise gets the blood flowing and studies have been done showing that test scores are often higher when children get more recess time throughout the day.

Question 2: What are some skills that you see our students needing?

Everyone agreed that students are severely lacking in soft skills such as diffusing a conflict type situation at work, sending/ checking letters and emails, and overall professional communication. This relates to the current students on campus that don't check their email. There is a new program that NOC purchased called *regroup*. It is similar to the NOC Rave Alert in the sense that it sends out mass snap chats and emails. This could be a good tool for instructors to let students know to check their email or remind students of upcoming tests and homework due.

Question 3: What have you encountered in your profession that new hires are lacking?

Students are lacking an understanding of the paperwork aspect of the job as well as keeping certifications up to date. Once they graduate they need to understand that it's an ongoing job to keep up with work qualifications.

Question 4: Are you aware of any new course work that would be beneficial for our students to take?

Responses suggested offering an Administrative aspect such as Athletic Director option as well as possibly offering a course on liability awareness would be beneficial.

Question 5: What are ways that you see that we as a college can advertise and recruit to improve numbers in our majors?

Attend more High School college fairs. Get the word out about Northern Exposure more. Joanna Crow from Glenco High School had never heard of it before and would love for the students there to have that opportunity. A shuttle for students traveling from Ponca to Tonkawa would also help out a lot, similar to the shuttle service offered to OSU students who are coming from Tulsa.

Question 6: At what point do you push for more physical education coursework to move forward (increasing obesity, health issues, etc.)? Do you think that will ever happen again?

The committee, as a whole, agreed that physical education course work will become more important again. Something kids need to learn is how to cook and eat healthy even if they have a low budget. Also look into becoming a TSAT program which certifies businesses and schools to be considered a healthy hub.

The meeting adjourned at 1:49 p.m.